

What's on the Menu?

December 2023 Orange Preparatory
Academy II Breakfast Menu

Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- Parfaits

Sides

- Sausage Patty/Links
OR
- Turkey Bacon
- Home Fries
Or
Grits
- 2 Types Assorted Fresh Fruit
- 100% Assorted Juice

Monday



4
Maple Burst Mini
Pancakes w/ Syrup

**Bagel & Cheese
Melt**

11
Skewered Turkey
Sausage Pancake
w/ Syrup

**Toasty Egg &
Cheese Sandwich**

18
Whole Grain
Breakfast Pizza w/
Turkey Sausage

**Turkey Ham &
Cheese Quesadilla**

25
**WINTER BREAK
NO SCHOOL**

Tuesday



5
Turkey Sausage,
Egg & Cheese
Sandwich

**Bacon, Egg &
Cheese Sandwich**

12
Golden Brown Mini
Maple Waffles

**Turkey Sausage
Biscuit**

19
Turkey Sausage,
Egg & Cheese on a
Flaky Biscuit

**Bagel & Cheese
Melt**

26
**WINTER BREAK
NO SCHOOL**

Wednesday



6
Breakfast Pizza w/
Turkey Bacon &
Scrambled Eggs

**Bagel & Cheese
Melt**

13
Toasted Bagel w/
Cream Cheese

**Toasty Egg &
Cheese Sandwich**

20
Golden Brown Mini
Maple Waffles w/
Syrup

**Turkey Ham &
Cheese Quesadilla**

27
**WINTER BREAK
NO SCHOOL**

Thursday



7
Golden Brown Mini
Maple Waffles

**Bacon, Egg &
Cheese Sandwich**

14
Breakfast Pizza w/
Turkey Bacon &
Scrambled Eggs

**Turkey Sausage
Biscuit**

21
Cinnamon Glazed
French Toast Sticks

**Bagel & Cheese
Melt**

28
**WINTER BREAK
NO SCHOOL**

Friday

1
Whole Grain Bagel
w/ Cream Cheese

**Turkey Ham &
Cheese Quesadilla**

8
Crispy White Meat
Chicken Breakfast
Sandwich

**Bagel & Cheese
Melt**

15
Whole Grain Bagel
w/ Cream Cheese

**Toasty Egg &
Cheese Sandwich**

22
Skewered Turkey
Sausage Pancake
w/ Syrup

**Turkey Ham &
Cheese Quesadilla**

29
**WINTER BREAK
NO SCHOOL**



All meals served with low fat milk

*This institution is an equal opportunity provider.
Menu subject to change without notice.*

What's on the Menu?

December 2023 Orange Preparatory Academy II
Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

EVERY WEEK
there will be a
Themed Bar!

BEA
WASTE
WARRIOR



Global
Eats



1
Beef Meatballs with
Gravy
Mashed Potatoes

Pasta Bar

Week 1
Pasta Bar

Choice of Pasta:
Spaghetti or Penne
Choice of Sauce:
Marinara or Alfredo
Dinner Roll

Deli

M - Turkey & Cheese
T - Turkey Ham &
Cheese
W - Italian Hoagie
Th - Chicken Salad
F - Tuna Salad

4
Chinese Style Sweet
& Sour Chicken
Brown Rice & Glazed
Carrots

Taco Bar

5
Baja Beef Rice Bowl
Roasted Broccoli
Florets

Taco Bar

6
Chicken Drumsticks
Peas & Carrots
Dinner Roll

Taco Bar

7
GLOBAL EATS -
CHINA
Chicken Meatballs
Ginger Scallion
Steamed Rice
Roasted Broccoli
Taco Bar

8
Sweet & Sour
Chicken
Fried Rice
Vegetable Stir Fry

Taco Bar

Week 2
Taco Bar

Choice of Tortilla:
Baked Tortilla Chips
or 6" Tortillas
Choice of Protein:
Beef, Chicken, Fish

Wild Greens

M - Caesar Salad
T - Tuna Salad
W - Chef Salad
Th - Egg Salad
F - BBQ Chicken
Salad

11
Jumbo Chicken
Tenders & Waffles
Green Beans

Mac & Cheese Bar

12
Philly Cheese Steak
Peppers & Onions
Seasoned Fries

Mac & Cheese Bar

13
Potato Bar!
Baked Potato or
Mashed Potato or
French Fries
Choice of Toppings:
Beef, Cheese, Corn
Mac & Cheese Bar

14
GLOBAL EATS -
MEXICO
Albondigas con Arroz
"Meatballs w/ Rice"
Black Beans

Mac & Cheese Bar

15
Wing Bar!!
Roasted Chicken Wings
Choice of Sauce:
Buffalo, BBQ, Thai
French Fries
Roasted Sweet Potato
Mac & Cheese Bar

Week 3
Mac & Cheese Bar
Choice of Toppings:
Chicken, Roasted
Broccoli, Philly Steak,
Corn

2Mato
Served Daily

- Cheese Pizza
- Pepperoni
- Specialty Pizza

18
Breakfast For
Lunch
French Toast Sticks
Potatoes, Turkey
Sausage

Wing Bar

19
Korean Chicken Rice
Bowl
Julienne Vegetables

Wing Bar

20
Smothered Chili
Cheese Dog Baked
Beans

Wing Bar

21
GLOBAL EATS -
ITALY
Meatballs Pizzaiola
Parmesan Penne
Pasta

Wing Bar

22
HALF DAY
NO LUNCH
SERVED

Week 4
Wing Bar
Choice of Chicken:
Boneless Wings or
Popcorn Chicken
Choice of Sauce:
BBQ, Buffalo or Thai

Fresh Grill
Offered Daily

- Hamburger
- Cheeseburger
- Chicken Patty

25
WINTER
BREAK
NO SCHOOL

26
WINTER
BREAK
NO SCHOOL

27
WINTER
BREAK
NO SCHOOL

28
WINTER
BREAK
NO SCHOOL

29
WINTER
BREAK
NO SCHOOL



Chenille Traylor
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chartwells
serving up happy & healthy

*All meals served with fruit,
vegetable and choice of
lo-fat milk*

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